

## Brochures

- American Cancer Society. **Breast Cancer Dictionary.**
- CancerCare. **Developments in Breast Cancer Treatment.**  
A printable version is available at:  
[http://www.cancercare.org/pdf/booklets/ccc\\_breast.pdf](http://www.cancercare.org/pdf/booklets/ccc_breast.pdf)
- National Cancer Institute. **Surgery Choices for Women with Early-Stage Breast Cancer.**  
A printable version is available at: <https://cissecure.nci.nih.gov/ncipubs/>
- National Cancer Institute. **What You Need To Know about Breast Cancer.**  
A printable version is available at: <https://cissecure.nci.nih.gov/ncipubs/>

## Articles

- Elizabeth Whittington. **A new Era: As Data Emerge from a Surge of New Therapies, Doctors Combine the Best of the Best.** Cure; Breast Cancer Special Issue 2007.

## Magazine

- **MAMM.** Selected articles available at: <http://www.mamm.com>

## Books

- American Cancer Society. **Breast cancer clear & simple : all your questions answered.** Atlanta, GA: American Cancer Society, 2008.
- Bonner, Dede. **The 10 Best Questions for Surviving Breast Cancer : the Script you Need to take Control of Your Health.** New York : Simon & Schuster, 2008

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The purpose of this information guide is to direct patients and health care professionals to sources of information on cancer and related topics, it does not constitute an endorsement of the information contained in the resources. This list is not meant to be comprehensive, but rather to provide starting points for Information seeking.

All listed materials can be found at the Patient Education Resource Center of the University of Michigan Comprehensive Cancer Center in room B1-361. An online version of this document can be found at:  
[http://www.cancer.med.umich.edu/support/information\\_guides.shtml](http://www.cancer.med.umich.edu/support/information_guides.shtml)

- Breast Cancer Support Group of the Penn State Milton S. Hershey Medical Center. **Show Me: A Photo Collection of Breast Cancer Survivors' Lumpectomies, Mastectomies, Breast Reconstruction and Thoughts on Body Image.** Penn State Geisinger Health System, 2001.
- Brown, Zora. **100 Questions & Answers About Breast Cancer.** 2<sup>nd</sup> Edition. Sudbury, MA: Jones and Bartlett Publishers, 2007.
- Hartmann, Lynn. **Mayo Clinic Guide to Women's Cancers : Breast and Gynecologic Cancers.** Rochester, MN: Mayo Clinic, 2005
- Kaelin, Carolyn M. **Living Through Breast Cancer : What a Harvard Doctor and Survivor Wants You to Know about Getting the Best Care While Preserving Your Self-Image.** New York, NY: McGraw-Hill, 2005.
- Lange, Vladimir. **Be a Survivor: Your Guide to Breast Cancer Treatment.** 3<sup>rd</sup> Ed. Los Angeles, CA: Lange Productions, 2007.
- Link, John S. **The Breast Cancer Survival Manual : a Step-by-Step Guide for the Woman with Newly Diagnosed Breast Cancer.** New York : H. Holt, 2007
- Love, Susan. **Dr. Susan Love's Breast Book.** 4<sup>th</sup> Ed. Fully Revised. Cambridge, MA: Perseus Publishing, 2005.
- Miller, Kenneth D. **Choices in Breast Cancer Treatment : Medical Specialists and Cancer Survivors Tell You What You Need to Know.** Baltimore : Johns Hopkins University Press, 2008

## **Audiovisual Resources**

- Patient Education Institute. **Breast Cancer Interactive Tutorial** on Medlineplus.gov
  - Go to: <http://www.medlineplus.gov>
  - Click on: "Interactive Tutorials" and select from a list.

This is a slide show with illustrations, sound, and animations that explains breast anatomy, breast cancer staging, surgery, and adjuvant treatment. It is possible to turn on a voice over or print a text version.
- WomenStories. **Psychosocial Video Series.** WomenStories: Buffalo, NY, 2001. This is a series of short video programs that address specific issues of the breast cancer experience. May be viewed online at:  
<http://www.womenstories.org>

## Web Resources

### *General*

- **BreastCancer.org** <http://www.breastcancer.org/>  
A wealth of information on breast cancer including an extensive Questions and Answers section written by breast cancer experts.
- **Breast Cancer Network of Strength** <http://www.networkofstrength.org>  
The site includes information about breast cancer diagnosis, treatment, coping and quality-of-life issues.
- **Living Beyond Breast Cancer** <http://www.lbbc.org/>  
The site focuses on news concerning breast cancer treatment and clinical trials. It also includes recordings and transcripts of educational events.
- **NexProfiler Breast Cancer Treatment Decision Tool**
  - Go to the American Cancer Society site at:  
<http://www.cancer.org/>
  - Click on "Choose A Cancer Topic"
  - Select "Breast Cancer" from list and click "Go"
  - Click on "All About Breast Cancer"
  - Click on "Treatment Decision Tools for Breast Cancer."

This interactive system enables patients to receive information specific to a diagnosis and helps them make informed treatment decisions along with their physicians. Dr. Daniel Hayes, clinical director of the Breast Oncology Program at the U-M Comprehensive Cancer Center serves on the medical board of the NexProfiler Breast Cancer tool.
- **Susan G. Komen Foundation** <http://www.komen.org/>  
The section: "About Breast Cancer" has information about diagnosis and treatment, complementary therapies, life after breast cancer treatment, and quality medical care. The site also includes a multimedia section with audiovisual educational programs.

- **SusanLoveMD.com** <http://www.susanlovemd.com>  
The information on this site aims to assist women in treatment decision making and deal with the changes and challenges brought on by breast cancer.

### ***Breast Reconstruction***

- **MBROS Consumer's Guide to Breast Reconstruction**
  - Go to: <http://surgery.med.umich.edu/plastic/>
  - Under "Clinical Care" click on "Breast Reconstruction"  
Detailed explanations of breast reconstruction options from the Michigan Breast Reconstruction Outcomes Study at the University of Michigan.

### ***Male Breast Cancer***

- **All About Male Breast Cancer**
  - Go to the American Cancer Society site at: <http://www.cancer.org>
  - Click on "Choose a Cancer Type or Topic"
  - Select "Breast Cancer in Men" from list and click "Go"
  - Click on "All About Breast Cancer in men"
- **PDQ Statement on Male Breast Cancer**
  - Go to the National Cancer Institute site at: <http://www.cancer.gov>
  - Click on "Cancer Information"
  - Click on "Types of Cancer"
  - Scroll down and select from the Alphabetical List of Cancers

### **Email Groups (Listservs)**

- **BREAST-CANCER** is an **email discussion group for Breast Cancer patients and families**, hosted by the Association of Cancer Online Resources ACOR (<http://www.acor.org>).  
To subscribe go to: <http://listserv.acor.org/archives/breast-cancer.html>
- **MALEBC** is an **email discussion group for Male Breast Cancer patients and families**, hosted by the Association of Cancer Online Resources ACOR (<http://www.acor.org>).  
To subscribe go to: <http://listserv.acor.org/archives/malebc.html>

## Organizations

- **Breast Cancer Network of Strength**  
Website: <http://www.networkofstrength.org>  
Hotline 1-800-221-2141 24 hours, 7 days a week
- **Dia de la Mujer Latina**  
Website: <http://www.diadelamujerlatina.org>  
Spanish-English hotline (1-866-54MUJER)
- **Living Beyond Breast Cancer**  
Website: <http://www.lbbc.org>  
Survivors' Helpline: (888) 753-LBBC
- **Metastatic Breast Cancer Network**  
Website: <http://www.mbcnetwork.org>  
Helpline: 888-500-0370
- **Sisters Network Inc.**  
A National African-American Breast Cancer Survivorship Organization  
Website: <http://www.sistersnetworkinc.org>  
Phone: (866) 781-1808
- **The Susan G. Komen Breast Cancer Foundation**  
Website: <http://www.komen.org>  
Helpline: 1-800-462-9273
- **Young Survival Coalition**  
Website: <http://www.youngsurvival.org>  
Helpline: 877-YSC-1011 (toll-free)

This document is not intended to take the place of the care and attention of your personal physician or other professional medical services. Our aim is to promote active participation in your care and treatment by providing information and education. Questions about individual health concerns or specific treatment options should be discussed with your physician.

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Document #0025/ Revised February 2009