

# Amputation



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The purpose of this guide is to help patients and families sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Wellness Resource Center, room 2101.

## Brochures, Fact sheets

- Amputee Coalition of American. **First Step: A Guide for Adapting to Limb Loss** (English and Spanish). To order call the Amputee Coalition of America at 1-888/267-5669 or visit: <http://www.amputee-coalition.org>. Print versions of older edition are available on the website.
- Amputee Coalition of American. **Senior Step: A Guide for Adapting to Limb Loss**. A print version is available on the website: <http://www.amputee-coalition.org>.
- University of Michigan Orthotics & Prosthetics. **Amputee Support Resources - 2007-2008 Resource Guide**. Access at: <http://www.med.umich.edu/pmr/op/amp.htm>

## Magazine

- Amputee Coalition of American. **inMotion**. Indexes and articles available on [www.amputee-coalition.org](http://www.amputee-coalition.org)

## Books

- Cristian, Adrian. *Lower Limb Amputation : A Guide to Living a Quality Life*. New York: Demos Medical Pub, 2006.
- Riley, Richard. *Living with a Below-Knee Amputation : A Unique Insight from a prosthetist/amputee*. Thorofare, N.J: SLACK, 2005.

## Web Resources

- **American Amputee Foundation**  
Access at: [www.americanamputee.org](http://www.americanamputee.org)  
Information, referrals and counseling services to empower amputees, their families, and care providers to make informed decisions.

- **Amputee Coalition of American**

Access at: [www.amputee-coalition.org](http://www.amputee-coalition.org)

This organization strives to empower people with limb loss through education, support and advocacy. The Information Center section of the site offers fact sheets, easy-read materials, videos, articles and more.

- **VascularWeb Amputation**

Access at: <http://www.vascularweb.org>

A short overview of amputation surgery provided by the Society of Vascular Surgery. Click on the link to "Patient Information" and select "Amputation" from the list.

## **University of Michigan Resources**

- **Amputation Management Clinic** at the University of Michigan Physical Medicine and Rehabilitation

A multidisciplinary team provides prosthetic care and comprehensive management of the adult and pediatric amputee. For more information access [http://www2.med.umich.edu/healthcenters/dsp\\_clinclist\\_pmr.cfm](http://www2.med.umich.edu/healthcenters/dsp_clinclist_pmr.cfm), (scroll down and click on: "Amputations") or call (734) 936-7175

- **Orthotics and Prosthetics Center** (UMOPC) at the University of Michigan. For more information access <http://www.med.umich.edu/pmr/op/index.htm> or call (734) 973-2400

- **Amputee Support Group** at the University of Michigan Orthotics & Prosthetics Center.

This is a local Amputee Coalition of America (ACA) support group for amputees, people with limb loss and their families. Members learn to overcome the initial shock of loss when they return to a normal lifestyle through education and compassion. For more information access <http://www.med.umich.edu/pmr/op/amp.htm> or call (734) 973-2400

## **Patient Support Organizations**

- Amputee Coalition of American  
Web site: <http://www.amputee-coalition.org>  
Tel.: 1-888/AMP-KNOW (1-888/267-5669)

- The National Amputation Foundation  
<http://www.nationalamputation.org>  
Tel.: (516) 887-3600

This document is not intended to take the place of the care and attention of your personal physician or other professional medical services. Our aim is to promote active participation in your care and treatment by providing information and education. Questions about individual health concerns or specific treatment options should be discussed with your physician.

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