

# ***Heart Valve Disorders & Surgery***



Related terms:

- Mitral Valve Surgery
- Aortic Valve Replacement

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*The purpose of this guide is to help patients and families to find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Wellness Resource Center, room 2101 in the Cardiovascular Center.*

## **Brochures, Fact sheets**

Krames Communications. *Understanding heart valve disease.*

## **Articles**

- Tury, Zoltan G. *Mitral Valve Disease*. Cardiology Patient Page. Circulation. Vol. 109: e38-e41, 2004
- Nishimura, Rick, A. *Aortic Valve Disease*. Cardiology Patient Page. Circulation. Vol. 106:770-772, 2002.

Access online at: <http://circ.ahajournals.org/collected/patient.shtml>

## **Audiovisual Resources**

- **An interactive tutorial on MedlinePlus.gov – Mitral Valve Prolapse**  
Access at: <http://www.medlineplus.gov>  
Click on the link to Interactive Tutorials and select from the list under the heading: "Diseases and conditions"  
A slide show with voice over and graphics explains the anatomy, symptoms and treatment options for mitral valve prolapse.
- **An interactive tutorial on MedlinePlus.gov – Heart Valve Replacement**  
Access at: <http://www.medlineplus.gov>

Click on the link to Interactive Tutorials and select from the list under the heading: "Surgery and Treatment Procedures"

A slide show with voice over and graphics describes heart valve replacement surgery.

## Web Resources

- **American Heart Association –**  
Access at: <http://www.heart.org>  
This site offers information on different types of valve disorders and heart valve surgery. To find the information type a term in the search box.
  
- **Society of Thoracic Surgeons – Patient Information Section**  
Access at: <http://www.sts.org>  
Click on: Patient Information  
The section "Valve Repair/Replacement Surgery" provides in-depth information about valve surgical procedures. General information about cardiac surgery may also be relevant
  
- **University of Michigan Health System. Department of Cardiac Surgery.**  
Access at: <http://www.cardiac.um-surgery.org>
  - Click on: "Adult Conditions & Treatments"The U-M department of Cardiac Surgery offers descriptions of the procedures and information about the doctors and clinical activities at the center.

## University of Michigan Resources

- **The Preventive Cardiology program** at Domino's Farms offers a number of relevant program and services Including:
  - Cardiac Rehabilitation Program
  - Exercise Consultations
  - Nutrition Services
  - Stress Management ServicesFor more information access  
<http://www.med.umich.edu/cvc/adult/serpre.htm>  
or call: 734.998.7400.

- **Tobacco Consultation Service**

Group and individual quit-smoking programs.

For more information access:

<http://hr.umich.edu/mhealthy/programs/tobacco/consultation/index.html> or call 734.936.5988.

## **Patient Support Organization**

- **American Heart Association**

Web site: <http://www.heart.org>

Tel.: 1-800-242-8721

This document is not intended to take the place of the care and attention of your personal physician or other professional medical services. Our aim is to promote active participation in your care and treatment by providing information and education. Questions about individual health concerns or specific treatment options should be discussed with your physician.

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