

Tracker Tool



Your target PT/INR: _____

Use the following charts to help you track your PT/INR blood tests, Coumadin dosing instructions, and follow-up CAC appointments.

PT/INR test results:

Date: _____ Time: _____ Result: _____

Date: _____ Time: _____ Result: _____

Date: _____ Time: _____ Result: _____

Date: _____ Time: _____ Result: _____

Date: _____ Time: _____ Result: _____

Date: _____ Time: _____ Result: _____

Date: _____ Time: _____ Result: _____

Date: _____ Time: _____ Result: _____

Date: _____ Time: _____ Result: _____

Date: _____ Time: _____ Result: _____

Date: _____ Time: _____ Result: _____

Daily dose guide:

Date	Tablet strength and color	Weekly dose	Sun	Mon	Tues	Wed	Thurs	Fri	Sat

Follow-up appointments at CAC:

Date: _____ Time: _____ Notes: _____

Date: _____ Time: _____ Notes: _____

Date: _____ Time: _____ Notes: _____