Scavenger Hunt Sign-Up Sheet

Scavenger Hunt is an eight-week program to discover community resources that you can use to eat healthier, be more physically active, quit tobacco or manage stress and achieve overall improved health.

The Scavenger Hunt begins on _____.
Sign-up by _____ to participate.

Name	Phone	E-mail

North Carolina State Health Plan for Teachers and State Employees www.shpnc.org

NCPH North Carolina Public Health Working for a healthier and safer North Carolina Everywhere. Everyday. Everybody.

Eat Smart Move More NORTH CAROLINA™