

Every six months,
I make sure my doctor
gives me these
six important tests:

- **A1c**
- **Blood Pressure**
- **Cholesterol**
- **Microalbumin**
- **Eye Exam**
- **Foot Exam**

Control Your Diabetes. For Life.



**Diabetes Prevention
& Control Program**

UTAH DEPARTMENT OF HEALTH

For more diabetes information contact:
Health Resource Line 1-888-222-2542
www.health.utah.gov/diabetes