



TIP OF THE WEEK

CDC Health-e-Cards

Send an electronic greeting card to friends, family, co-workers!

New e-Cards All e-Cards

Healthy Kids...
Healthy Kids

Healthy Living...
Healthy Living

Be Active!
www.cdc.gov

Be Fit!
www.cdc.gov

Be Healthy!
www.cdc.gov

Be Safe!
www.cdc.gov

[<< Prev] 1 2 3 [Next >>]

Log on to the Centers for Disease Control and Prevention website at www.cdc.gov and choose Tools and Resources

3 Simple Steps:

Step 1 —> Choose desired card

Step 2 —> Fill in recipient's name & e-mail address; your name & e-mail address; write personal message; click to preview your health e-card

Step 3 —> click to send your health e-card