



Fitness Tip Of The Week



24 Hour Fitness is offering 10 days of fitness FREE for you and up to 3 friends. It's easy ...

Click [Get Started Today](#) and all you will need to do to get your **10 consecutive days** FREE pass is Register

When you register, you will be asked to:

- ❖ Create a Username
 - ❖ Create a Password
 - ❖ Provide your First and Last Names
 - ❖ Provide your address, e-mail, phone #, and date of birth
 - ❖ Choose a location closest to you
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- ✓ A coupon will be generated with Your Name, address of the Gym you chose, and a date by which the coupon needs to be redeemed
 - ✓ You are not obligated to sign up for a membership
 - ✓ You will be given an initial 10-minute tour of the facility

For more information please log on to:

<http://www.24hourfitness.com/db/promo.list>