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## What To Do In Case Of A Stroke Tip Of The Week

**Stroke Symptoms - should be recognized as an emergency:**

- Sudden weakness or numbness of the face, arm or leg, especially on one side of the body (*most common*)
- Sudden confusion, trouble speaking or understanding
- Sudden trouble seeing in one or both eyes
- Sudden trouble walking, loss of balance or coordination
- Sudden, severe headache with no known cause

**For Patients or Visitors in the Medical Center:** Follow emergency protocol - **dial pound (#)-3-6** (UCLA emergency page operator) from any hospital phone and ask for the Stroke Team.

In any other location, **dial 9-1-1.**

To learn more about Stroke, please visit the American Stroke Association at <http://www.strokeassociation.org/presenter.jhtml?identifier=1200037>