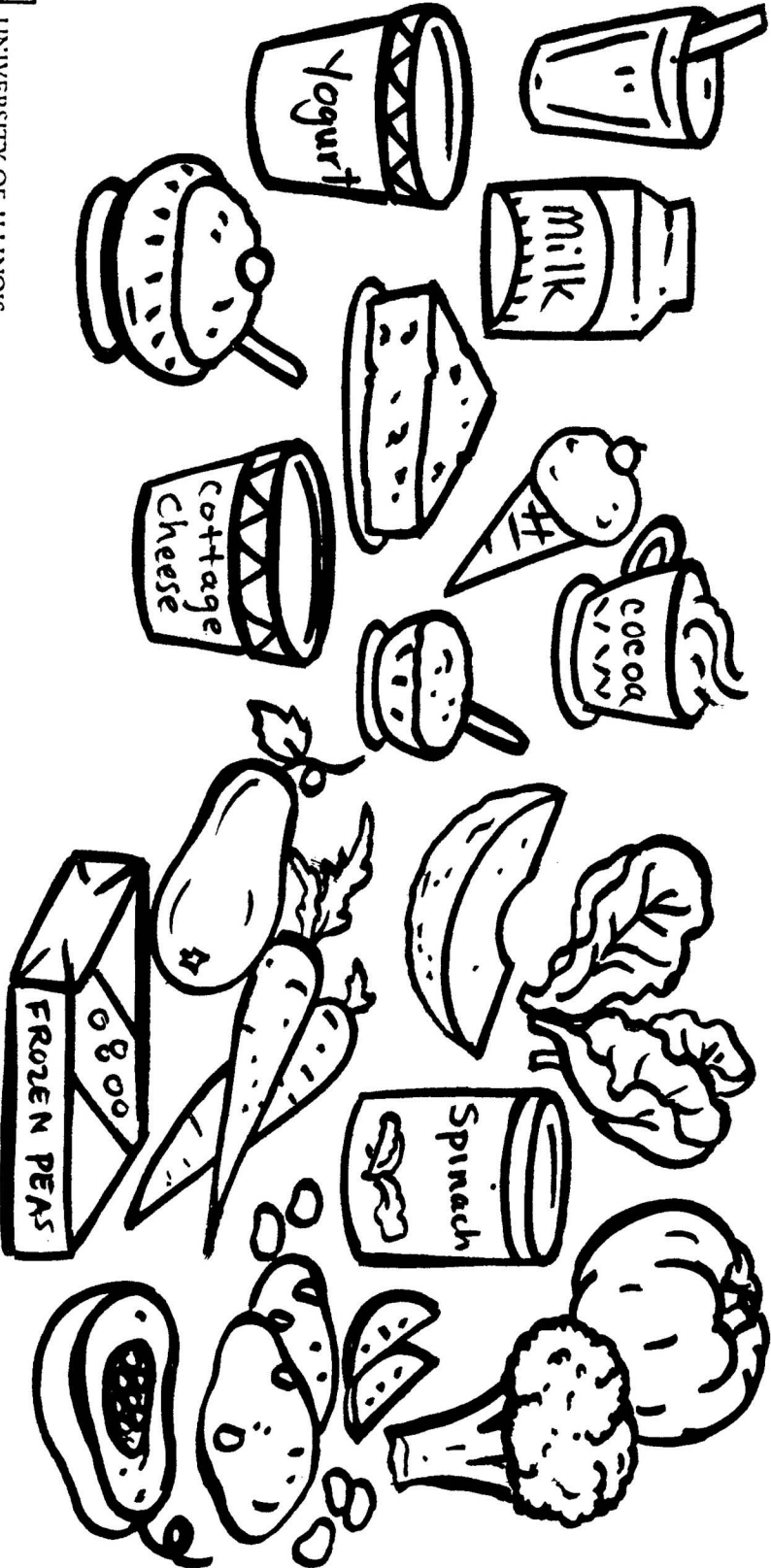


Vitamin A is in Many Foods!

Dairy foods are good to eat!

Dark green and yellow fruits and vegetables taste good and are good for you.



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