

“You Are What You Eat “

Materials:

Roll of newsprint paper.

Markers, pencils, crayons, scissors, glue, photos or drawings of foods.

Directions:

Choose 3 or 4 students to work in groups.

Each student takes a turn to lie on their back on the paper while the other students draw a general outline of their body.

Students can draw foods or cut and paste pictures of their favorite foods inside their body outline drawings.

