

Michelle says, “It’s also important to cover our nose and mouth when we sneeze or cough so we don’t spread germs to other people. After sneezing or blowing our noses we need to throw away our tissues and wash our hands. This will help others from getting our colds.”

**( see #5 illustration of children coughing and sneezing)**

Trena tells the children “You need to wash your hands for 20 seconds with soap and water to get rid of the germs.”

Michelle tells them to sing “Happy Birthday” two times, “Twinkle Twinkle Little Star” or the “ABC Song”. All take 20 seconds to sing.

Michelle says “Now we are going to see how well you wash your hands. Don’t forget to wash your duck feet, the rainbow and the slithery snake. Also remember to wash the palms, the back of your hands and the wrists. Hitch-a-ride, Tag-along and Tadpole love to hide everywhere.”

**( see illustration #6 of children washing their hands)**

The children sing “Happy Birthday” two times as they wash their hands with soap and water. Hitch-a-ride, Tag-along and Tadpole wail, “We don’t like soap and water! These children are too smart for us. I guess we will have to look for a new place to hide. So long!!!”

***The End***

