



# American Diabetes Month

## **November is American Diabetes**

**Month®**—a time to shine a spotlight on a serious disease that leads to potentially life-threatening complications such as heart disease, stroke, kidney disease, blindness, and amputation.

This year, we need to take a bolder, more audacious approach to American Diabetes Month. Consider that:

- 24 million children and adults in the United States live with diabetes
- 57 million Americans are at risk for type 2 diabetes
- 1 out of every 3 children born today will face a future with diabetes if current trends continue

## **Direct Costs of Diabetes**

- The total annual economic cost of diabetes in 2007 was estimated to be \$174 billion. Medical expenditures totaled \$116 billion and were comprised of \$27 billion for diabetes care, \$58 billion for chronic diabetes-related complications, and \$31 billion for excess general medical costs.
- The 2007 per capita annual costs of health care for people with diabetes is \$11,744 a year, of which \$6,649 (57%) is attributed to diabetes.
- One out of every five health care dollars is spent caring for someone with diagnosed diabetes, while one in ten health care dollars is attributed to diabetes.

## **Medical Expenditures Attributed to Diabetes**

- Estimated at \$116 billion, including \$27 billion for care to directly treat diabetes,

\$58 billion to treat diabetes-related chronic complications, and \$31 billion in excess general medical costs.

- People with diagnosed diabetes, on average, have medical expenditures that are approximately 2.3 times higher than those without diabetes. Diagnosed diabetes patients account for 5.8 percent of the total U.S. population.
- \$58.3 billion was spent on inpatient hospital care and \$9.9 billion on physician's office visits directly attributed to diabetes.
- Diabetes-related hospitalizations totaled 24.3 million days in 2007, an increase of 7.4 million from the 16.9 million days in 2002. The average cost for a hospital inpatient day due to diabetes is \$1,853 and \$2,281 due to diabetes-related chronic complications, including neurological, peripheral vascular, cardiovascular, renal, metabolic, and ophthalmic complications.

## **Indirect Costs of Diabetes:**

- Estimated to be \$58 billion in 2007.
- In 2007, diabetes accounted for 15 million work days absent, 120 million work days with reduced performance, 6 million reduced productivity days for those not in the workforce, and an additional 107 million work days lost due to unemployment disability attributed to diabetes.
- Diabetes caused 445,000 cases of unemployment disability in 2007.
- The value of lost productivity due to premature death related to diabetes is \$26.9 billion.

Source: [www.diabetes.org](http://www.diabetes.org)

Courtesy of Wellness Proposals