



world diabetes day

14 November



World Diabetes Day is an official United Nations World Health Day, celebrated every year on November 14. The date was chosen because it marks the birthday of Frederick Banting, who, along with Charles Best, is credited with the discovery of insulin in 1921. The blue circle logo is the global symbol of diabetes and signifies the unity of the global diabetes community in response to the diabetes pandemic.

World Diabetes Day was created by the International Diabetes Federation (IDF) and the World Health Organization (WHO) in 1991, in response to concern over the escalating incidence of diabetes around the world. The International Diabetes Federation leads the World Diabetes Day campaign – produces the annual and biannual themes, runs the global website, creates all the materials and drives the global outreach.

The theme for 2007 and 2008 is Diabetes in Children and Adolescents. The theme for 2009-13 is Education and Prevention. Recent themes were Diabetes and Obesity (2004), Diabetes and Foot Care (2005) and Diabetes in the Disadvantaged and the Vulnerable (2006).

Through its Unite for Diabetes campaign, IDF led the push for a UN Resolution on diabetes. On December 20, 2006, that goal was realized when the United Nations General Assembly unanimously passed Resolution 61/225, which designates the existing World Diabetes Day as a United Nations world day, to be observed every year beginning in 2007.

World Diabetes Day is a global event. It brings together millions of people in over 160 countries

to raise awareness of diabetes, including children and adults affected by diabetes, healthcare professionals, healthcare decision-makers and the media. Numerous local and national events are organized by the member associations of the International Diabetes Federation and by other associations and organizations, healthcare professionals, healthcare authorities, and individuals with an interest in diabetes. World Diabetes Day unites the global diabetes community to produce a

powerful voice for diabetes awareness.

- Every day 200 children develop type 1 diabetes.
- Type 1 diabetes is increasing fastest in pre-school children, at rate of 5% per year.
- Type 2 diabetes has been reported in children as young as eight and reports reveal that it now exists in children thought previously not to be at risk.
- Over half of children with diabetes develop complications within 15 years.
- Global studies have shown that type 2 diabetes can be prevented by enabling individuals to lose 7-10% of their body weight, and by increasing their physical activity to a modest level.
- Type 2 diabetes in children is becoming a global public health issue with potentially serious outcomes.
- Type 2 diabetes affects children in both developed and developing countries.

Source:

www.WorldDiabetesDay.org

Courtesy of Wellness Proposals