



MOTHER'S DAY DATA ON SMOKING MOMS AND RELATED HARMS

For many kids, Mother's Day means taking mom out to breakfast, giving her a gift, or just saying thanks. On this special day for moms, we should also remember that a terrific way to celebrate Mother's Day might be to pledge to give moms who currently smoke the kind of loving support, encouragement and information that could help them to be tobacco-free before Mother's Day next year.

In the United States, more than 20 million adult women currently smoke, putting them at risk for heart attacks, strokes, lung cancer, emphysema and other life-threatening illnesses. Lung cancer is the leading cancer killer among women, and smoking is attributable for 90% of these deaths. Smoking also accounts for one of every five deaths from heart disease, the overall leading cause of death among women. When women quit smoking, they improve their own health as well as the health of the people around them. Mothers who give up smoking improve the likelihood that their children will grow-up to be tobacco-free and lead much longer and much healthier lives.

States	Smoking Rate Among Women	State Rank Women Smoking (1 = low)	Number of Women Smokers	Annual Women Smoking Deaths	Pregnant Women Smoking Rate	State Rank Pregnant Smoking (1 = low)	Pregnant Births Per Year	State Kids Who Have Already Lost Their Moms to Smoking	New Kids Who Lose Their Moms to Smoking Each Year	Taxes paid for SSSI Payments to Kids With Moms Lost to Smoking (millions/yr)	Total State Health Costs to Treat Female Smokers (millions/year)
United States	17.4%	--	20,608,000	173,940	10.7%	--	462,000	86,000	12,100	\$723.9	\$37.9 bill
Alabama	19.7%	36th	361,700	2,700	12.1%	22nd	7,600	1,600	230	\$10.29	\$538.5
Alaska	19.7%	36th	47,300	100	17.9%	39th	1,900	230	30	\$1.65	\$61.1
Arizona	16.3%	13th	382,900	2,700	6.3%	2nd	6,400	1,500	220	\$11.43	\$519.8
Arkansas	20.2%	39th	222,900	1,800	18.0%	41st	7,300	1,000	140	\$5.59	\$298.4
California	10.6%	2nd	1,451,700	15,200	NA	NA	NA	8,600	1,200	\$82.55	\$3,807.6
Colorado	17.7%	23rd	323,600	1,800	8.5%	12th	6,000	1,000	150	\$11.05	\$540.0
Connecticut	14.5%	4th	202,200	2,100	7.0%	4th	2,900	840	110	\$12.07	\$731.5
Delaware	20.3%	40th	70,000	400	12.9%	27th	1,500	250	30	\$2.41	\$115.7
Washington, DC	15.7%	9th	39,900	200	3.9%	1st	300	200	20	\$2.16	\$95.2
Florida	17.5%	21st	1,279,300	11,500	8.6%	14th	20,300	5,600	790	\$34.29	\$2,548.4
Georgia	17.5%	21st	632,400	3,900	7.9%	8th	11,700	2,800	400	\$20.32	\$833.6
Hawaii	14.3%	3rd	71,500	300	7.1%	6th	1,300	300	40	\$3.18	\$104.0
Idaho	17.4%	20th	95,000	500	10.5%	19th	2,500	360	50	\$2.79	\$121.6
Illinois	18.4%	26th	911,900	6,600	10.1%	17th	18,200	3,400	480	\$35.56	\$1,641.8
Indiana	22.4%	46th	547,600	3,800	19.1%	44th	16,900	1,800	260	\$16.51	\$829.4
Iowa	18.3%	25th	213,400	1,500	16.5%	35th	6,700	640	90	\$7.62	\$365.9
Kansas	17.1%	19th	181,200	1,500	12.7%	26th	5,200	670	90	\$7.24	\$358.2
Kentucky	27.8%	51st	465,100	3,000	24.4%	49th	14,200	1,400	190	\$8.89	\$581.0
Louisiana	19.1%	30th	320,700	2,400	10.0%	15th	6,300	1,900	270	\$8.76	\$544.5
Maine	19.3%	31st	103,800	900	17.1%	36th	2,400	320	40	\$2.79	\$249.1
Maryland	16.0%	12th	357,500	2,900	8.1%	9th	6,200	1,700	250	\$15.24	\$838.7
Massachusetts	15.5%	8th	406,500	4,000	8.1%	9th	6,200	1,400	200	\$19.05	\$1,584.4
Michigan	19.0%	29th	744,400	5,900	15.1%	33rd	19,200	3,000	430	\$29.21	\$1,386.8

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Minnesota	14.7%	5th	293,200	2,100	10.5%	19th	7,700	970	130	\$15.24	\$794.0
Mississippi	20.5%	41st	231,500	1,600	12.1%	22nd	5,500	1,300	180	\$5.59	\$247.0
Missouri	23.3%	48th	538,300	3,700	18.2%	43rd	14,800	2,000	290	\$13.97	\$839.9
Montana	19.3%	31st	71,600	500	19.1%	44th	2,300	300	40	\$1.91	\$111.5
Nebraska	16.8%	16th	113,700	800	14.1%	31st	3,700	420	50	\$4.32	\$191.9
Nevada	19.6%	35th	183,700	1,300	10.0%	15th	4,000	660	90	\$4.45	\$234.8
New Hampshire	18.6%	27th	96,800	700	14.0%	30th	2,000	300	40	\$3.81	\$244.1
New Jersey	15.2%	7th	521,300	4,800	8.5%	12th	9,700	2,200	310	\$29.21	\$1,382.3
New Mexico	18.1%	24th	136,100	800	10.1%	17th	3,000	670	90	\$3.56	\$181.2
New York	16.5%	15th	1,283,700	11,100	8.1%	9th	20,200	4,600	650	\$57.15	\$3,578.7
North Carolina	20.7%	42nd	734,800	4,600	13.2%	29th	16,800	2,500	360	\$20.32	\$932.8
North Dakota	19.8%	38th	49,200	200	17.4%	38th	1,500	150	20	\$1.40	\$79.6
Ohio	22.1%	45th	1,001,200	7,500	17.9%	39th	26,900	2,800	400	\$27.94	\$1,775.8
Oklahoma	23.8%	49th	331,200	2,400	18.1%	42nd	9,700	1,300	180	\$6.35	\$460.6
Oregon	14.9%	6th	218,100	2,000	12.4%	25th	6,000	1,000	140	\$8.89	\$464.0
Pennsylvania	21.1%	43rd	1,059,800	8,100	15.6%	34th	23,200	3,200	450	\$34.29	\$2,110.4
Rhode Island	16.3%	13th	70,400	700	12.1%	22nd	1,400	250	30	\$2.92	\$220.6
South Carolina	18.8%	28th	327,700	2,200	13.0%	28th	8,000	1,500	220	\$9.40	\$398.0
South Dakota	19.5%	33rd	59,100	300	19.3%	46th	2,200	260	30	\$1.65	\$92.6
Tennessee	22.9%	47th	556,700	3,600	17.1%	36th	14,400	2,300	320	\$13.97	\$813.8
Texas	16.9%	17th	1,477,500	9,400	6.3%	2nd	25,100	7,100	1,000	\$45.72	\$2,250.4
Utah	8.0%	1st	73,000	300	7.0%	4th	3,700	460	60	\$4.95	\$106.3
Vermont	15.9%	11th	40,000	300	20.1%	47th	1,300	150	20	\$1.52	\$97.6
Virginia	16.9%	17th	512,500	3,600	7.5%	7th	8,000	1,900	270	\$19.05	\$826.3
Washington	15.7%	9th	391,800	3,100	12.0%	21st	10,400	1,500	220	\$16.51	\$816.8
West Virginia	25.5%	50th	187,500	1,500	26.2%	50th	5,400	620	80	\$3.68	\$278.5
Wisconsin	19.5%	33rd	423,500	2,800	14.9%	32nd	10,700	1,100	160	\$15.24	\$793.9
Wyoming	21.4%	44th	42,200	200	20.7%	48th	1,500	170	20	\$1.27	\$54.6
United States	17.4%	--	20,608,000	173,940	10.7%	--	462,000	86,000	12,100	\$723.9	\$37.9 bill

Women = 18 years and older. Kids = Less than 18 years old.

Sources: State-specific smoking rates, 2007 Behavioral Risk Factor Surveillance System (BRFSS). National: 2007 National Health Interview Survey (NHIS). U.S. Bureau of Census, 2007 population estimates used to compute number of women smokers. Annual smoking deaths from the CDC's STATE System (average annual deaths from 2000-2004). Pregnant women smoking rate Martin, JA, et al., "Births: Final data for 2005," *National vital statistics reports* 56(6), Hyattsville, MD: National Center for Health Statistics, 2007, http://www.cdc.gov/nchs/data/nvsr/nvsr56/nvsr56_06.pdf. Births: Preliminary Data for 2004. State-specific: 2002, CDC, "Smoking During Pregnancy – United States, 1990-2002," *MMWR* 53(39): 911-15, October 8, 2004. Leistikow, B, et al., "Estimates of Smoking-Attributable Deaths at Ages 15-54, Motherless or Fatherless Youths, and Resulting Social Security Costs in the United States in 1994," *Preventive Medicine* 30(5): 353-360, May 2000, and state-specific data provided by the author. Costs: CDC, *Sustaining State Programs for Tobacco Control: Data Highlights* 2006, http://www.cdc.gov/tobacco/data_statistics/state_data/data_highlights/2006/index.htm.

Campaign for Tobacco-Free Kids, May 4, 2009/ Meg Riordan